

Running Head

tDCS on MI BCI with robotic feedback for stroke

Full Title

Facilitating effects of transcranial direct current stimulation on motor imagery Brain-Computer Interface with robotic feedback for stroke rehabilitation

Authors

Kai Keng Ang^{*,1}, PhD

Cuntai Guan¹, PhD

Kok Soon Phua¹, MSc

Chuanchu Wang¹, MSc

Ling Zhao², MSc

Wei Peng Teo⁴, PhD

Chang Wu Chen², MSc

Yee Sien Ng³, MBBS

Effie Chew², MBBS

Affiliations

* To whom correspondence should be addressed. email: kkang@i2r.a-star.edu.sg.

¹ Institute for Infocomm and Research, Agency of Science, Technology and Research (A*STAR), 1 Fusionopolis Way, #21-01 Connexis, Singapore 138632.

² National University Health System, 1E Kent Ridge Road, Singapore 119228.

³ Department of Rehabilitation Medicine, Singapore General Hospital, Outram Road, Singapore 169608

⁴ School of Exercise and Nutrition Sciences, Faculty of Health, Deakin University, Melbourne Burwood Campus, 221 Burwood Highway, Burwood, VIC 3125

Presentation

The earlier versions of this work were presented in two conferences:

1. 34th Annual International Conference of the IEEE Engineering in Medicine and Biology Society, page 4128-4131, 28 Aug-1 Sep 2012
2. 5th International Brain-Computer Interface Meeting, page 76, 3-7 June 2013.

Funding

Funded by Science and Engineering Research Council of A*STAR (Agency for Science, Technology and Research), and the National Medical Research Council, Singapore.

Competing Interests

The authors have declared that no competing interests exist.

Clinical Trial Registration Number

The trial was registered in ClinicalTrials.gov (NCT01897025).

1 **Abstract**

2 **Objective:** To investigate the efficacy and effects of transcranial Direct Current
3 Stimulation (tDCS) on Motor Imagery Brain-Computer Interface (MI-BCI) with robotic
4 feedback for stroke rehabilitation.

5 **Design:** A sham-controlled, randomized control trial (RCT).

6 **Setting:** Patients recruited through a hospital stroke rehabilitation program.

7 **Participants:** 19 subjects who incurred a stroke 0.8 to 4.3 years prior, with moderate to
8 severe upper extremity functional impairment, and passed BCI screening.

9 **Interventions:** 10 sessions of 20 minutes of tDCS or sham prior to 1-hour MI-BCI with
10 robotic feedback upper limb stroke rehabilitation for 2 weeks. Each rehabilitation session
11 comprised 8 minutes of evaluation and 1 hour of therapy.

12 **Main Outcome Measures:** Upper extremity Fugl-Meyer Motor Assessment (FMMA)
13 scores measured end-intervention at week 2 and follow-up at week 4, online BCI
14 accuracies from the evaluation part and laterality coefficients of the EEG from the
15 therapy part of the 10 rehabilitation sessions.

16 **Results:** FMMA score improved in both groups at week 4, but no intergroup differences
17 were found at any time points. Online accuracies of the evaluation part from the tDCS
18 group were significantly higher than the sham group. The EEG laterality coefficients
19 from the therapy part of the tDCS group were significantly higher than the sham group.

20 **Conclusions:** The results suggest a role for tDCS in facilitating motor imagery in stroke.

21 **Keywords:** Motor Imagery, transcranial direct current stimulation, brain-computer
22 interface, stroke rehabilitation.

1 **List of Abbreviations**

BCI	Brain-Computer Interface
EEG	Electroencephalogram
ERD	Event-related desynchronization
ERS	Event-related synchronization
FMMA	Fugl-Meyer Motor Assessment
MI	Motor Imagery
tDCS	transcranial Direct Current Stimulation

2

1 INTRODUCTION

2 Stroke is a leading cause of serious disabilities in the United States.¹ Stroke survivors can
3 partially recover their motor function control from rehabilitation that involved task-
4 specific and repetitive motor exercises.² Since moving the stroke-impaired limb is often
5 difficult or not possible, Motor Imagery (MI), the imagination of movements without
6 physical execution, represents an alternate approach for rehabilitation.³⁻⁵ However, while
7 motor execution is observable, motor imagery is a concealed mental process.

8 Nevertheless, advances in Brain-Computer Interface (BCI) technology have enabled
9 stroke survivors to interact with the environment using their brain signals, and seem to be
10 effective to restore impaired motor function.⁶ Since neurophysiological phenomena called
11 event-related desynchronization or synchronization (ERD/ERS)⁷ are detectable from
12 EEG during MI by healthy subjects⁸ and majority of stroke patients,⁹ EEG-based Motor
13 Imagery Brain-Computer Interface (MI-BCI)¹⁰ can be used to objectively assess the
14 performance of MI.⁶ In addition, a recent clinical study on chronic stroke patients who
15 received BCI with hand and arm orthoses feedback showed greater motor improvements
16 versus patients who received random feedback not linked to BCI.¹¹ Hence the use of MI-
17 BCI presents a promising, alternative approach for stroke rehabilitation.

18 Another promising development in stroke rehabilitation is the use of transcranial Direct
19 Current Stimulation (tDCS)^{12,13} for neuromodulation and enhancement of motor
20 recovery.¹⁴ Facilitation of cortical excitability can be achieved with anodal stimulation,
21 and inhibition with cathodal stimulation.¹⁵ Both inhibition of excitability in the contra-
22 lesional hemisphere by cathodal tDCS and facilitation of excitability in the ipsi-lesional

1 hemisphere by anodal tDCS had been shown to improve motor performance in stroke.¹⁶
2 In a study, Matsumoto et al. studied the modulation of ERD with anodal, cathodal and
3 sham tDCS on six healthy subjects in performing right hand MI.¹⁷ They found that the
4 ERD of the mu rhythm in the frequency range of 8-13 Hz (mu ERD) was significantly
5 increased after anodal tDCS, and decreased after cathodal tDCS. Subsequently,
6 Kasashima et al. investigated the modulation of ERD with anodal and sham tDCS on six
7 hemiparetic stroke patients in performing MI of the stroke-affected finger.¹⁸ They found
8 significant increase in mu ERD and suggested that tDCS can be used as a conditioning
9 tool for BCI in stroke. In a preliminary study, Ang et al. reported no differences between
10 the online MI-BCI accuracies of three stroke patients who received anodal and cathodal
11 tDCS versus two stroke patients who received sham tDCS,¹⁹ but the result was
12 inconclusive due to the small sample size. In a recent study, Wei et al. studied the
13 modulation of ERD with anodal and sham tDCS on 32 healthy subjects in performing left
14 and right hand MI.²⁰ They found that the anodal tDCS induced ERD pattern changes in
15 the upper-mu (10–14 Hz) and beta (14–26 Hz) components.

16 While studies had demonstrated motor improvements in stroke patients,¹⁶ and increase in
17 mu ERD in healthy¹⁷ and stroke patients using tDCS,¹⁸ the use of tDCS to facilitate the
18 stroke patients' ability to operate MI-BCI and subsequently the efficacy in post-stroke
19 motor recovery has not been investigated. To the best of our knowledge, no randomized
20 control study has previously investigated the effects tDCS on stroke patients ability to
21 operate MI-BCI for stroke rehabilitation. In this study, we investigated the clinical
22 efficacy of tDCS and sham-tDCS on MI-BCI with robotic feedback for stroke
23 rehabilitation. We also investigated whether tDCS and sham-tDCS could facilitate the

1 stroke patients' performance of MI by studying the online MI-BCI accuracies of
2 detecting MI of the stroke-affected upper limb versus the idle condition. We also studied
3 the laterality coefficient of the mu ERD during MI-BCI with robotic feedback
4 rehabilitation therapy of the stroke patients that received tDCS compared to sham.

5 **METHODS**

6 **Ethics Statement**

7 Ethics Committee approval was obtained from the National Healthcare Group Domain
8 Specific Review Board.

9 **Study Design**

10 The randomized controlled trial is conducted from 1 January 2011 to 1 January 2014,
11 involving subjects 21 to 70 years old who had their first ever subcortical stroke at least 9
12 months prior to recruitment, with moderate to severe impairment of upper extremity
13 function (subscore of the Fugl-Meyer Motor Assessment (FMMA) 11-45). Since
14 spontaneous recovery plateaus six-months after stroke onset,²¹ motor improvements
15 observed in subjects with 9 months post-stroke would most likely be due to the study
16 intervention assigned and not from spontaneous recovery. In addition, subjects with
17 moderate to severe impairments were recruited since they had greater difficulty with
18 motor execution and hence had fewer therapeutic options.²² Figure 1 shows a flow chart
19 of the trial. Exclusion criteria included a history of seizures, major depression, and
20 implants that may be triggered, moved, or heated by electrical current (eg. intracranial
21 shunts, pacemakers, metal cranial implants). Depression was evaluated using the Beck

1 Depression Inventory²³, a 21-item questionnaire commonly used to assess post-stroke
2 depression.²⁴

3 **EEG Data Acquisition**

4 In this study, EEG data from 27 channels (Figure 2) were collected using the Nuamps
5 EEG acquisition hardware^a with unipolar Ag/AgCl electrodes channels, digitally sampled
6 at 250 Hz with a resolution of 22 bits for voltage ranges of ± 130 mV. The electrode
7 impedance was kept below 5 k Ω . EEG recordings from all channels were bandpass
8 filtered from 0.05 to 40 Hz by the acquisition hardware.

9 **MI-BCI Screening**

10 Since not all stroke patients could operate EEG-based MI-BCI,⁹ the patients recruited in
11 this study first underwent a MI-BCI screening session. In the screening session a total of
12 160 trials of EEG that randomly comprised 80 MI of the stroke-affected upper limb and
13 80 idle condition were collected. The stroke patients' abilities to operate MI-BCI were
14 then evaluated based on the 10 \times 10-fold cross-validations of the 160 trials of data
15 collected using the Filter Bank Common Spatial Pattern (FBCSP) algorithm²⁵ without
16 any removal of artifacts such as Electrooculogram. This analysis was performed similar
17 to the screening session reported by Ang et al.⁹ Subjects with MI-BCI classification
18 accuracy >58% were then recruited for randomization.

1 **Randomization and blinding**

2 Subjects who passed BCI screening were checked to ensure that they were not enrolled in
3 other clinical trials or receiving any other therapeutic activities aimed at improving
4 stroke-affected upper limb function. Subsequently, subjects who passed and gave further
5 consent were randomly assigned to receive either the tDCS or the sham-tDCS
6 interventions. Figure 2 shows the setup for the tDCS and sham interventions. Subjects in
7 both groups first underwent a calibration session where the stroke-affected upper limb of
8 the subject was strapped to the MIT-Manus robot^b. 160 trials of EEG data that comprised
9 80 MI of the stroke-affected upper limb and 80 idle condition were collected similar to
10 the screening session. Subsequently, the subjects in both groups underwent 10
11 rehabilitation sessions for 2 weeks, 5 times a week. Each rehabilitation session comprised
12 20 minutes of stimulation with tDCS or sham-tDCS, followed by 8 minutes of evaluation
13 and 1 hour of therapy using EEG-based MI-BCI with robotic feedback.

14 **MIT-Manus robot**

15 The MIT-Manus is a robot with 2 degrees of freedom that provides horizontal elbow and
16 forearm reaching exercises using an 8-point clock face drawing interactive video game.²⁶
17 In this study, the stroke-affected upper limb of subjects from both groups was strapped to
18 the MANUS robotic exoskeleton. The subjects were instructed to imagine moving their
19 stroke-affected hand towards the target indicated on the 8-point clock face video game.
20 They were also instructed to continue MI until successful or unsuccessful detection was
21 indicated on the video screen. Voluntary movements during MI were restricted by
22 locking the mobility of the MANUS robot. If MI was successfully detected, visual and

1 movement feedback was provided by the MANUS robot through passive movement of
2 the stroke-affected arm from the center towards the target displayed on the screen and
3 back to the target along a pre-determined robotic trajectory.²⁶ This robotic movement
4 forms a proprioceptive afferent feedback that closes the loop in providing a reward for
5 performing MI.^{27,28}

6 **Transcranial direct current stimulation (tDCS)**

7 Direct current was applied for 20 minutes using a saline-soaked pair of surface sponge
8 electrode from a battery-operated constant current stimulator^c at an intensity of 1 mA
9 with the anode placed over the M1 motor cortex of the ipsi-lesional hemisphere and the
10 cathode placed over the contra-lesional M1. The M1 positions for the tDCS electrodes
11 were located at channels C3 and C4 shown in Figure 2. The goal of this montage was to
12 decrease cortical excitability in the unaffected motor cortex and to increase it in the
13 affected motor cortex.^{29,30} For the sham intervention, the current was only applied for the
14 first 30 s out of the 20 minutes to give the sensation of the stimulation. This duration was
15 established to be effective in blinding subjects to the assigned intervention³¹ without
16 altering cortical excitability in a number of studies.^{29,30}

17 **Quantification of motor improvements**

18 The total FMMA score (range, 0-66) on the stroke-impaired upper extremity was used to
19 measure the motor improvements in this study. The outcomes were measured at 3 time
20 points: at baseline (week 0), at completion of intervention (week 2), and 2 weeks follow-
21 up (week 4).

1 **Quantification of online MI-BCI performance**

2 The calibration session consisted of 4 runs of 40 trials each for a total of 160 trials, and
3 an inter-run break of at least 2 minutes was provided after each run (Figure 4(a)). Each
4 run randomly comprised of 20 trials of MI of the stroke-affected upper limb and 20 trials
5 of idle condition. Each trial lasted ~12 s and each run lasted ~8 minutes. The calibration
6 session lasted ~1 hour inclusive of EEG setup time. A visual cue was used to prepare the
7 subject, and subsequently another cue was used to randomly instruct the subject to
8 perform either MI or idle. The EEG segment of 0.5 to 2.5 s from the instruction cue was
9 then extracted to train a subject-specific MI detection model using the FBCSP
10 algorithm.²⁵ No robotic feedback was provided in the calibration session.

11 The rehabilitation session comprised of an evaluation part and a therapy part. The
12 evaluation part consisted of 40 trials that randomly comprised 20 MI of the stroke-
13 affected upper limb and 20 idle condition (Figure 4(b)). Similar to the calibration session,
14 a visual cue was used to prepare the subject, and subsequently an instruction cue was
15 provided. The EEG segment of 0.5 to 4.5 s from the instruction cue was then extracted to
16 classify the EEG segment to perform online detection of MI or idle using the FBCSP
17 algorithm²⁵. Once MI was detected, the robot was triggered to provide a feedback. The
18 online accuracy of the evaluation part of the rehabilitation session was then recorded
19 based on the detection of MI or idle condition compared to the instruction provided.

1 **Quantification of ERD**

2 The therapy part of each rehabilitation session consisted of 4 runs of 40 trials each for a
3 total of 160 trials, and an inter-run break of 3-5 minutes was also given after each run
4 (Figure 4(b)). Each trial lasted ~17-19 s and each run lasted ~13 minutes. Similar to the
5 evaluation part of the rehabilitation session, prepare and instruction cues were provided
6 to the subject. The EEG segment of 0.5 to 4.5 s from the instruction cue was then
7 extracted to classify the EEG segment to perform online detection of MI. Once MI is
8 detected, the robot was triggered to provide a feedback. The EEG segment of 0 to 8 s
9 from the prepare cue was then extracted to perform offline ERD analysis.

10 ERD values in the offline EEG analysis were estimated from the change in the band
11 power in the frequency band of the mu rhythm (8-13 Hz) from left (C3) and right (C4)
12 channels in 2 to 6 s segment relative to a baseline of -1.5 to 0 s segment whereby the time
13 are relative to the instruction cue. This time segment was selected to encompass the MI
14 period performed by the subjects. The following method was used to compute the ERD
15 strength value for each left and right channels:

- 16 1. Bandpass filtering of (8-13 Hz) on EEG time segment -2 to 6 s relative to prepare
17 cue for all 160 trials in the therapy part of the rehabilitation session.
- 18 2. Squaring the bandpass filtered samples to obtain power samples.
- 19 3. Average power samples across all trials.
- 20 4. Compute power of baseline from average on time segment -1.5 to 0 s
- 21 5. Compute ERD/ERS strength values of channel j on time segment 2 to 6 s using⁷

1
$$S_j(t) = \frac{A_j(t) - R_j}{R_j} \times 100, \quad (1)$$

2 where $A_j(t)$ is the averaged power sample of time sample t of channel j from step
 3 3, and R_j is the averaged power of baseline of channel j from step 4.

4 6. Compute the ERD strength value from the sum of the negative values for time
 5 samples t from 2 to 6 s of channel j using

6
$$E_j = \sum_{t \in [2,6]} (S_j(t) | S_j(t) < 0) \quad (2)$$

7 The above method of computing the ERD strength followed closely the procedure
 8 provided by Pfurtscheller et al.⁷ ERD values were defined as negative relative to the
 9 baseline, whereas ERS strength values were defined as positive.⁷ As such, only negative
 10 values were included in the ERD analysis.

11 A laterality coefficient was then computed to assess the hemispheric asymmetries of the
 12 ERD pattern using

13
$$L = \frac{E_c - E_i}{E_c + E_i}, \quad (3)$$

14 where E_c and E_i denote the ERD strength value of the channel that is contra-lateral and
 15 ipsi-lateral to the stroke-affected hand respectively.

1 The laterality coefficient was used in Kaiser et al. to investigate hemispheric asymmetries
2 of ERD and ERS in stroke.³² A positive or negative L indicates higher or lower values
3 respectively in the hemisphere contra-lateral to the stroke-affected hand.

4 **Statistical Analysis**

5 Analysis of Variance (ANOVA) was used to examine the demographic and baseline
6 group differences. Two-sided t-tests were performed to analyze for significant motor
7 improvements at weeks 2 and 4 from baseline at week 0 for tDCS and sham groups.

8 Analysis of Covariance (ANCOVA) was used to examine the group differences at each
9 time point between the two groups after adjusting for baseline differences. To compare
10 the performance of MI-BCI and the ERD laterality coefficient between the two groups,
11 the p-value of two samples t-test were computed between the subjects from the
12 evaluation and therapy part of the 10 rehabilitation sessions respectively. In this case, we
13 assumed that the data collected in one session from a subject is independent from the data
14 from another session collected on a different day. The justifications for this assumption
15 are:

- 16 1. The stimulation of a session on a subject is independent from other sessions for
17 the same subject, since it had shown that that motor cortical excitability increased
18 for up to 90 minutes after the end of stimulation.³³
- 19 2. The performance of MI-BCI and the ERD laterality coefficient of one session
20 from a subject is independent from other sessions for the same subject, since there
21 is inherent non-stationarity in EEG across sessions record on different days from
22 the same subject.³⁴

1 RESULTS

2 Patients

3 Twenty-six out of 37 patients recruited passed the screening sessions, and 19 gave further
4 consent and were recruited for randomization with 10 and 9 allocated to tDCS and sham
5 group respectively. Details on the demographic of the patients are shown in Table 1.

6 There were no significant baseline differences in the two groups in terms of age ($p = .40$),
7 gender ($p = .17$), stroke type ($p = .43$), stroke nature ($p = .36$), affected limb ($p = .49$),
8 Cerebrovascular Accident (CVA) to intervention ($p = .91$), BCI screening ($p = .13$), and
9 FMMA at week 0 ($p = .46$).

10 Motor Improvements

11 Table 2 shows the FMMA score measured at weeks 0, 2 and 4 for the tDCS and sham
12 groups. No significant FMMA score gains at week 2 compared to baseline at week 0
13 were observed: tDCS group (0.9 ± 3.0 , $p = .36$), sham group (2.8 ± 4.0 , $p = .07$). At week
14 4, significant FMMA score gains compared to baseline at week 0 were observed: tDCS
15 group (5.0 ± 4.4 , $p = .006$), sham group (5.4 ± 5.7 , $p = .02$).

16 No significant intergroup differences were observed at any time point during the study
17 after adjusting for baseline FMMA score at week 0: week 2 ($p = .243$) and week 4
18 ($p = .874$).

1 **Online MI-BCI performance**

2 Figure 5 shows a plot of the averaged online accuracies of detecting MI versus the idle
3 condition for the tDCS and sham groups across the evaluation part of the 10 rehabilitation
4 sessions. The results showed deviation of online accuracies across subjects and sessions,
5 and the averaged accuracies of the subjects from the tDCS group across most of the 10
6 rehabilitation sessions are higher than the sham group. The averaged accuracy of
7 classifying the MI of the stroke-affected upper limb versus the idle condition across the
8 evaluation part of the 10 rehabilitation sessions from the tDCS group (62.9%) is
9 significantly higher than the sham group (57.0%, $p = 0.002$).

10 **ERD laterality coefficient**

11 Figure 6 shows a plot of the averaged ERD laterality coefficient of the therapy part of the
12 rehabilitation sessions for the tDCS and the sham groups. The results again showed
13 deviation of the ERD laterality coefficient across subjects and sessions, and the averaged
14 ERD laterality coefficient of the subjects from the tDCS group across most of the 10
15 rehabilitation sessions are higher than the sham group. The averaged ERD laterality
16 coefficient of the therapy part of the 10 rehabilitation sessions from the tDCS group
17 (0.050) is significantly higher than the sham group (-0.063, $p = 0.016$).

18 **DISCUSSION**

19 This study presents the results from a clinical study that investigated the effects of tDCS
20 on EEG-based MI-BCI with robotic feedback compared to sham for upper limb stroke
21 rehabilitation. Since it had been shown that motor cortical excitability increased for up to

1 90 minutes in subjects who received tDCS³³, this study investigated whether tDCS will
2 facilitate motor improvements and MI performance in stroke patients that underwent MI-
3 BCI with robotic feedback rehabilitation.

4 There were no significant motor improvements observed upon completion of 2 weeks of
5 intervention in both the tDCS and sham groups. The results from a recent RCT yielded
6 similar average FMMA score improvement of 1.1 from 11 stroke patients after 2 weeks,
7 but increased to 4.5 after completing 4 weeks of MI-BCI with MIT-Manus robotic
8 feedback intervention.⁴ The results from another recent RCT yielded significant higher
9 FMMA score improvement of 7.2 from 6 stroke patients after completing 6 weeks of MI-
10 BCI with Haptic Knob robot for arm rehabilitation compared to an improvement of 4.9
11 from 7 patients who received 6 weeks of standard arm therapy.³⁵ The results from these
12 studies indicate that 2 weeks intervention in this study may be too short to observe
13 significant motor improvements. As a whole, no intergroup differences were found,
14 which suggests there may be no additional benefit in adding tDCS to the MI-BCI training.
15 However, this warrants further investigation due to the short intervention in this study.

16 The results on the therapy part of each rehabilitation session showed that the ERD
17 laterality coefficient from subjects in the tDCS group was significantly higher than the
18 subjects in the sham group. Since the standard deviations were large, the significant
19 differences observed were most like from the first 3 sessions. A higher positive ERD
20 laterality coefficient indicated higher ERD strength values in the ipsi-lesional hemisphere
21 that is contra-lateral to the stroke-affected hand. The result is also consistent with studies
22 that show significant increase in mu ERD after tDCS compared to sham.^{17,18,20} The

1 mechanism of ERD is thought to be due to a decrease in synchrony of the underlying
2 neuronal population.⁷ Since anodal tDCS increases cortical excitability of the ipsilesional
3 M1,¹⁵ tDCS may result in more activated desynchronized neurons when MI is
4 performed.¹⁸

5 The results on the evaluation part of each rehabilitation sessions showed that the
6 averaged online accuracy of MI-BCI from subjects in the tDCS group was also
7 significantly better than the subjects in the sham group. Although the results showed
8 large deviations across subjects and across sessions, the results indicated that there is a
9 significant effect of tDCS in improving the online accuracy of MI-BCI performance
10 compared to sham. This significant improvement in online accuracies correlates with the
11 higher positive ERD laterality coefficient observed because the FBCSP algorithm²⁵ used
12 in this study performed spatial filtering to discriminate mental states that are
13 characterized by ERD and ERS.³⁶ In the study by Wei et al., only a slight increase in
14 averaged online accuracy of MI-BCI between pre- and post-anodal tDCS on healthy
15 subjects was reported, but no significant difference was found despite a significant
16 increase in ERD observed.²⁰ In contrast, significant improvement in online accuracy is
17 observed in this study, which may be due to the relatively lower baseline ERD of stroke
18 patients compared to healthy subjects.¹⁸ The ERD may also be underestimated in this
19 study because it was quantified on a trial-wise basis by comparing post-cue segments to
20 pre-cue segments. This is because the subjects may be anticipating the cue, thereby
21 causing some ERD in the pre-cue segment and diluting the effect in the post-cue
22 segment.

1 The results on online accuracy of MI-BCI from subjects in both groups showed a trend of
2 deterioration over time. Since only an initial calibration session was used to train the
3 subject-specific MI detection model in this study, the deterioration may be due to the
4 increasing session-to-session transfer non-stationarity³⁷ when the FBCSP algorithm²⁵
5 was used to detect MI in sessions that were days apart from the training session.
6 Therefore, adaptation methods^{37,38} are recommended to address this issue in future
7 studies.

8 The limitations in our study are its small sample size, heterogeneity within subjects and
9 the assumption of independence in the statistical test of the data collected from same
10 subject for the 10 rehabilitation sessions. If the data collected from the same subject
11 across the 10 rehabilitation sessions were assumed to be dependent, a repeated measure
12 ANOVA will have to be performed. Performing this analysis would yield *p*-values of
13 0.19 and 0.15 for the online MI-BCI performance and ERD laterality coefficient
14 respectively between the tDCS and sham group. These results are then not statistically
15 significant due to the reduction of the sample size for analysis.

16 Finally, the clinical study had also collected secondary outcome measures such as resting
17 motor threshold using Transcranial Magnetic Stimulation³⁹, grip strength⁴⁰, box and
18 block test⁴¹ and neuroimaging pre and post therapy for the tDCS and MI-BCI with
19 robotic feedback stroke rehabilitation compared to sham. Detailed results on the
20 secondary outcome measures and the analysis on the neuroimages will be reported in
21 separate papers.

22 **CONCLUSIONS**

1 Although there are studies that have shown significant increase in mu ERD from the EEG
2 in healthy subjects¹⁷ and stroke patients,¹⁸ we investigated whether 20 minutes of tDCS
3 or sham stimulation prior will have a significant effect on 1-hour rehabilitation sessions
4 of MI-BCI with robotic feedback rehabilitation. We performed a randomized clinical trial
5 and collected data from 19 chronic stroke patients with moderate to severe upper
6 extremity functional impairment that underwent 10 sessions of intervention, each
7 comprised 8 minutes of evaluation and 1 hour of therapy. We found that the addition of
8 tDCS did not result in additional motor improvements compared to sham. Nevertheless,
9 we found that the averaged online accuracy of the evaluation part and averaged ERD
10 laterality coefficient of the therapy part for subjects that underwent tDCS was
11 significantly higher than sham. Hence the results suggest a role for tDCS in facilitating
12 MI in stroke. The facilitation of MI may translate to enhanced sensorimotor integration
13 and the efficacy of MI-BCI as a tool for motor recovery following stroke. It may also
14 avail MI-BCI to stroke patients who initially fail the screening test for ability to operate
15 MI-BCI. However, further investigations are necessary on a larger sample with a longer
16 intervention period.

17 REFERENCES

- 18 1. Go AS, Mozaffarian D, Roger VL, Benjamin EJ, Berry JD, Borden WB, et al.
19 Heart Disease and Stroke Statistics—2013 Update: A Report From the American Heart
20 Association. *Circulation*. 2013; 127(1): e6-e245.
- 21 2. O'Dell MW, Lin C-CD, Harrison V. Stroke Rehabilitation: Strategies to Enhance
22 Motor Recovery. *Annual Review of Medicine*. 2009; 60(1).
- 23 3. Sharma N, Pomeroy VM, Baron J-C. Motor Imagery: A Backdoor to the Motor
24 System After Stroke? *Stroke*. 2006; 37(7): 1941-52.

- 1 4. Ang KK, Chua KSG, Phua KS, Wang C, Chin ZY, Kuah CWK, et al. A
2 Randomized Controlled Trial of EEG-Based Motor Imagery Brain-Computer Interface
3 Robotic Rehabilitation for Stroke. *Clin EEG Neurosci*. 2014; in press.
- 4 5. Di Rienzo F, Collet C, Hoyek N, Guillot A. Impact of Neurologic Deficits on
5 Motor Imagery: A Systematic Review of Clinical Evaluations. *Neuropsychol Rev*. 2014;
6 24(2): 116-47.
- 7 6. Daly JJ, Wolpaw JR. Brain-computer interfaces in neurological rehabilitation.
8 *Lancet Neurol*. 2008; 7(11): 1032-43.
- 9 7. Pfurtscheller G, Lopes da Silva FH. Event-related EEG/MEG synchronization and
10 desynchronization: basic principles. *Clin Neurophysiol*. 1999; 110(11): 1842-57.
- 11 8. Pfurtscheller G, Brunner C, Schlogl A, Lopes da Silva FH. Mu rhythm
12 (de)synchronization and EEG single-trial classification of different motor imagery tasks.
13 *NeuroImage*. 2006; 31(1): 153-9.
- 14 9. Ang KK, Guan C, Chua KSG, Ang BT, Kuah CWK, Wang C, et al. A large
15 clinical study on the ability of stroke patients to use EEG-based motor imagery brain-
16 computer interface. *Clin EEG Neurosci*. 2011; 42(4): 253-8.
- 17 10. Wolpaw JR, Birbaumer N, McFarland DJ, Pfurtscheller G, Vaughan TM. Brain-
18 computer interfaces for communication and control. *Clin Neurophysiol*. 2002; 113(6):
19 767-91.
- 20 11. Ramos-Murguialday A, Broetz D, Rea M, Läer L, Yilmaz Ö, Brasil FL, et al.
21 Brain-machine interface in chronic stroke rehabilitation: A controlled study. *Annals of*
22 *Neurology*. 2013; 74(1): 100-8.
- 23 12. Nitsche MA, Cohen LG, Wassermann EM, Priori A, Lang N, Antal A, et al.
24 Transcranial direct current stimulation: State of the art 2008. *Brain Stimulation*. 2008;
25 1(3): 206-23.
- 26 13. Schlaug G, Renga V, Nair D. Transcranial Direct Current Stimulation in Stroke
27 Recovery. *Archives of Neurology*. 2008; 65(12): 1571-6.
- 28 14. Feng W, Bowden M, Kautz S. Review of Transcranial Direct Current Stimulation
29 in Poststroke Recovery. *Topics in Stroke Rehabilitation*. 2013; 20(1): 68-77.
- 30 15. Nitsche MA, Paulus W. Excitability changes induced in the human motor cortex
31 by weak transcranial direct current stimulation. *J Physiol*. 2000; 527(3): 633-9.
- 32 16. Fregni F, Boggio PS, Mansur CG, Wagner T, Ferreira MJL, Lima MC, et al.
33 Transcranial direct current stimulation of the unaffected hemisphere in stroke patients.
34 *Neuroreport*. 2005; 16(14): 1551-5.

- 1 17. Matsumoto J, Fujiwara T, Takahashi O, Liu M, Kimura A, Ushiba J. Modulation
2 of mu rhythm desynchronization during motor imagery by transcranial direct current
3 stimulation. *J Neuroeng Rehabil.* 2010; 7(1): 27.
- 4 18. Kasashima Y, Fujiwara T, Matsushika Y, Tsuji T, Hase K, Ushiyama J, et al.
5 Modulation of event-related desynchronization during motor imagery with transcranial
6 direct current stimulation (tDCS) in patients with chronic hemiparetic stroke. *Exp Brain*
7 *Res.* 2012; 221(3): 263-8.
- 8 19. Ang KK, Guan C, Phua KS, Wang C, Teh I, Chen CW, et al. Transcranial direct
9 current stimulation and EEG-based motor imagery BCI for upper limb stroke
10 rehabilitation. *Conf Proc IEEE Eng Med Biol Soc; 2012 28 Aug 2012 - 1 Sep 2012; San*
11 *Diego, CA, USA; 2012.* p. 4128-31.
- 12 20. Wei P, He W, Zhou Y, Wang L. Performance of Motor Imagery Brain-Computer
13 Interface Based on Anodal Transcranial Direct Current Stimulation Modulation. *IEEE*
14 *Trans Neural Syst Rehabil Eng.* 2013; 21(3): 404-15.
- 15 21. Kwakkel G, Kollen BJ. Predicting activities after stroke: what is clinically
16 relevant? *International Journal of Stroke.* 2013; 8(1): 25-32.
- 17 22. Oujamaa L, Relave I, Froger J, Mottet D, Pelissier JY. Rehabilitation of arm
18 function after stroke. Literature review. *Annals of Physical and Rehabilitation Medicine.*
19 2009; 52(3): 269-93.
- 20 23. Beck AT, Ward CH, Mendelson MM, Mock JJ, Erbaugh JJ. An inventory for
21 measuring depression. *Arch Gen Psychiatry.* 1961; 4(6): 561-71.
- 22 24. Aben I, Verhey F, Lousberg R, Lodder J, Honig A. Validity of the Beck
23 Depression Inventory, Hospital Anxiety and Depression Scale, SCL-90, and Hamilton
24 Depression Rating Scale as Screening Instruments for Depression in Stroke Patients.
25 *Psychosomatics.* 2002; 43(5): 386-93.
- 26 25. Ang KK, Chin ZY, Wang C, Guan C, Zhang H. Filter Bank Common Spatial
27 Pattern algorithm on BCI Competition IV Datasets 2a and 2b. *Front Neurosci.* 2012; 6:
28 39.
- 29 26. Krebs HI, Hogan N, Aisen ML, Volpe BT. Robot-aided neurorehabilitation. *IEEE*
30 *Trans Rehabil Eng.* 1998; 6(1): 75-87.
- 31 27. Ramos-Murguialday A, Schürholz M, Caggiano V, Wildgruber M, Caria A,
32 Hammer EM, et al. Proprioceptive Feedback and Brain Computer Interface (BCI) Based
33 Neuroprostheses. *PLoS ONE.* 2012; 7(10): e47048.
- 34 28. Birbaumer N, Murguialday AR, Cohen L. Brain-computer interface in paralysis.
35 *Curr Opin Neurol.* 2008; 21(6): 634-8.

- 1 29. Williams JA, Pascual-Leone A, Fregni F. Interhemispheric Modulation Induced
2 by Cortical Stimulation and Motor Training. *Phys Ther.* 2010; 90(3): 398-410.
- 3 30. Lindenberg RM, Renga VM, Zhu LL, Nair DM, Schlaug GMDP. Bihemispheric
4 brain stimulation facilitates motor recovery in chronic stroke patients. *Neurology.* 2010;
5 75(24): 2176-84.
- 6 31. Gandiga PC, Hummel FC, Cohen LG. Transcranial DC stimulation (tDCS): A
7 tool for double-blind sham-controlled clinical studies in brain stimulation. *Clin*
8 *Neurophysiol.* 2006; 117(4): 845-50.
- 9 32. Kaiser V, Daly I, Pichiorri F, Mattia D, Müller-Putz GR, Neuper C. Relationship
10 Between Electrical Brain Responses to Motor Imagery and Motor Impairment in Stroke.
11 *Stroke.* 2012; 43(10): 2735-40.
- 12 33. Nitsche MA, Paulus W. Sustained excitability elevations induced by transcranial
13 DC motor cortex stimulation in humans. *Neurology.* 2001; 57(10): 1899-901.
- 14 34. Gribkov D, Gribkova V. Learning dynamics from nonstationary time series:
15 Analysis of electroencephalograms. *Physical Review E.* 2000; 61(6): 6538-45.
- 16 35. Ang KK, Guan C, Phua KS, Wang C, Zhou L, Tang KY, et al. Brain-Computer
17 Interface-based robotic end effector system for wrist and hand rehabilitation: results of a
18 three-armed randomized controlled trial for chronic stroke. *Front Neuroeng.* 2014; 7: 30.
- 19 36. Blankertz B, Tomioka R, Lemm S, Kawanabe M, Muller K-R. Optimizing Spatial
20 filters for Robust EEG Single-Trial Analysis. *IEEE Signal Process Mag.* 2008; 25(1): 41-
21 56.
- 22 37. Arvaneh M, Guan C, Ang KK, Quek C. EEG Data Space Adaptation to Reduce
23 Intersession Nonstationarity in Brain-Computer Interface. *Neural Comput.* 2013; 25(8):
24 2146-71.
- 25 38. Liyanage SR, Guan C, Zhang H, Ang KK, Xu J, Lee TH. Dynamically weighted
26 ensemble classification for non-stationary EEG processing. *J Neural Eng.* 2013; 10(3):
27 036007.
- 28 39. Liu H, Au-Yeung SSY. Reliability of transcranial magnetic stimulation induced
29 corticomotor excitability measurements for a hand muscle in healthy and chronic stroke
30 subjects. *J Neurol Sci.* 2014; 341(1-2): 105-9.
- 31 40. Mathiowetz V, Kashman N, Volland G, Weber K, Dowe M, Rogers S. Grip and
32 pinch strength: normative data for adults. *Arch Phys Med Rehabil.* 1985; 66(2): 69-74.
- 33 41. Mathiowetz V, Volland G, Kashman N, Weber K. Adult Norms for the Box and
34 Block Test of Manual Dexterity. *Am J Occup Ther.* 1985; 39(6): 386-91.

1 **SUPPLIERS**

2 ^a Neuroscan Nuamps EEG Amplifier. Compumedics USA, Compumedics Neuroscan and
3 Compumedics DWL, 6605 West W.T. Harris Blvd, Suite F, Charlotte, NC 28269, USA.

4 ^b MIT Manus Robot. Interactive Motion Technologies, 80 Coolidge Hill Road,
5 Watertown, MA 02472 USA.

6 ^c neuroConn DC Stimulator. neuroConn GmbH, Grenzhammer 10, 98693 Ilmenau,
7 Germany.

8 **Figure 1** CONSORT Flow Diagram

9 **Figure 2** Positions of EEG channel locations. The reference electrode is located on the
10 Nasion. Channels on the left and right hemisphere for offline ERD analysis are labelled
11 blue and green respectively.

13 **Figure 3** Setup of (a) transcranial Direct Current Stimulation (tDCS) and (b) EEG-based
14 Motor Imagery Brain-Computer Interface (MI-BCI) with robotic feedback rehabilitation
15 for stroke in a local hospital. The same setup is employed for sham.

17 **Figure 4** Acquisition of EEG for online and offline analysis. (a) Timing of the motor
18 imagery of the stroke-affected hand or background rest tasks for the calibration session
19 before commencement of the therapy; (b) Timing of the motor imagery of the stroke-
20 affected hand using on-line MI-BCI with robotic feedback for the rehabilitation session.

22 **Figure 5** Plot on the online accuracies of detecting motor imagery (MI) of the stroke-
23 affected hand versus the idle condition for the tDCS and the sham groups during online
24 evaluation part of the rehabilitation sessions. The accuracies are computed online by
25 performing session-to-session transfer using the FBCSP algorithm trained on data from
26 the calibration session to the evaluation part of each of the 10 rehabilitation sessions. The
27 horizontal axis represents the 10 rehabilitation sessions that the patients underwent. The
28 vertical bar plots the standard deviations across subjects in each group.

30 **Figure 6** Plot on the averaged ERD laterality coefficient of the therapy part of the
31 rehabilitation sessions for the tDCS and the sham groups. The vertical axis represents the
32 ERD laterality coefficient computed by averaging the ERD computed from 0 to 8 s of
33 EEG of all the 160 trials of the MI-BCI with robotic feedback rehabilitation. The
34 horizontal axis represents the 10 rehabilitation sessions that the patients underwent. The
35 vertical bar plots the standard deviations across subjects in each group.

2 **Table 1** Demographics and baseline characteristics by intervention

3 **Table 2** Efficacy measures by FMMA scores for each intervention group (N=10 for
4 tDCS, N=9 for sham)

5

Figure 1:

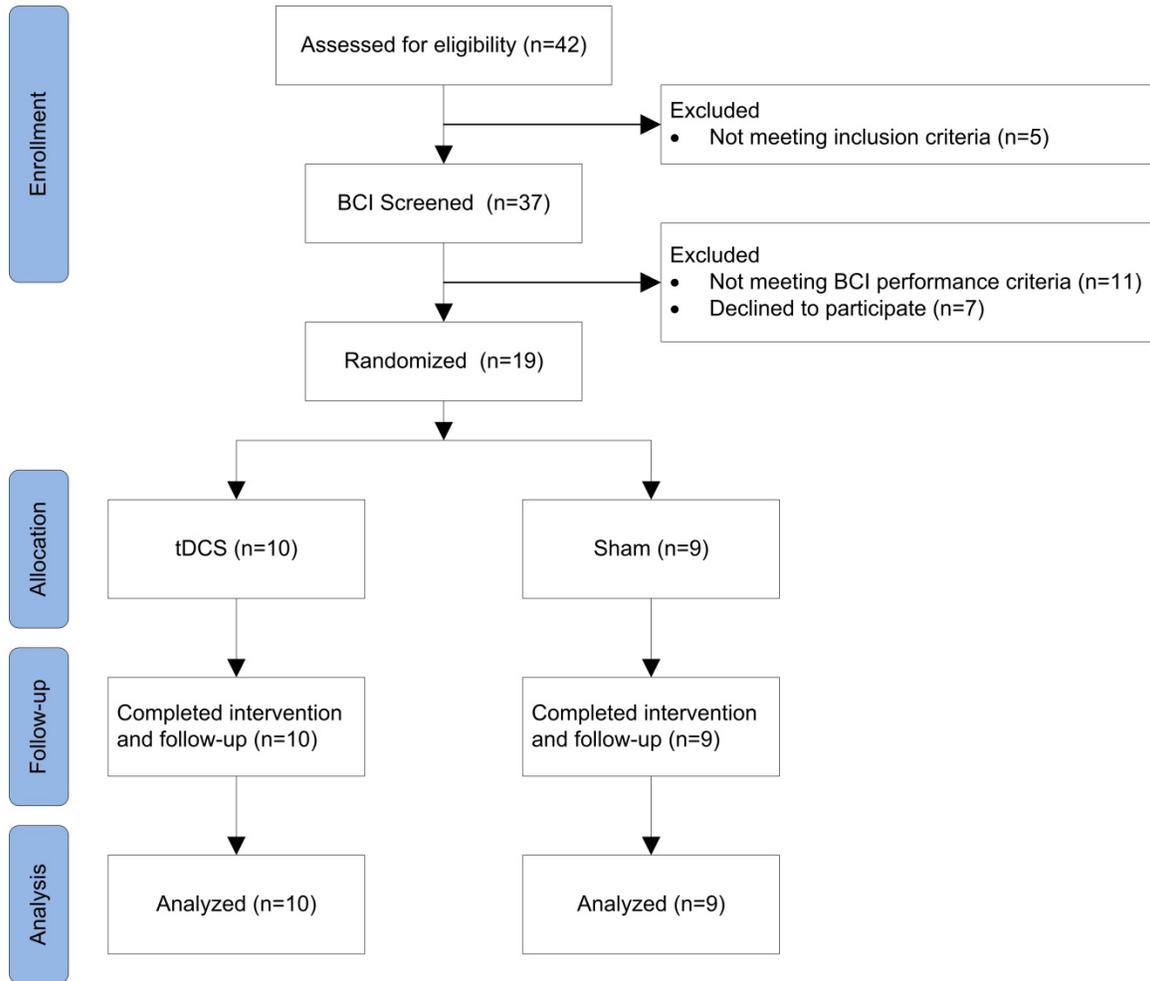


Figure 2:

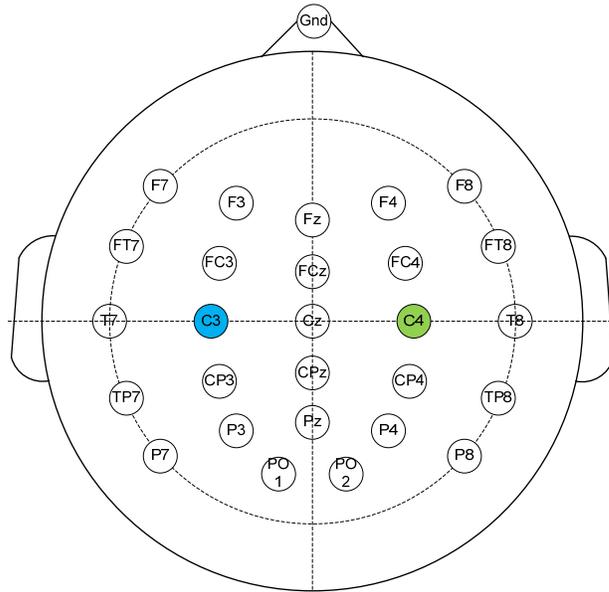
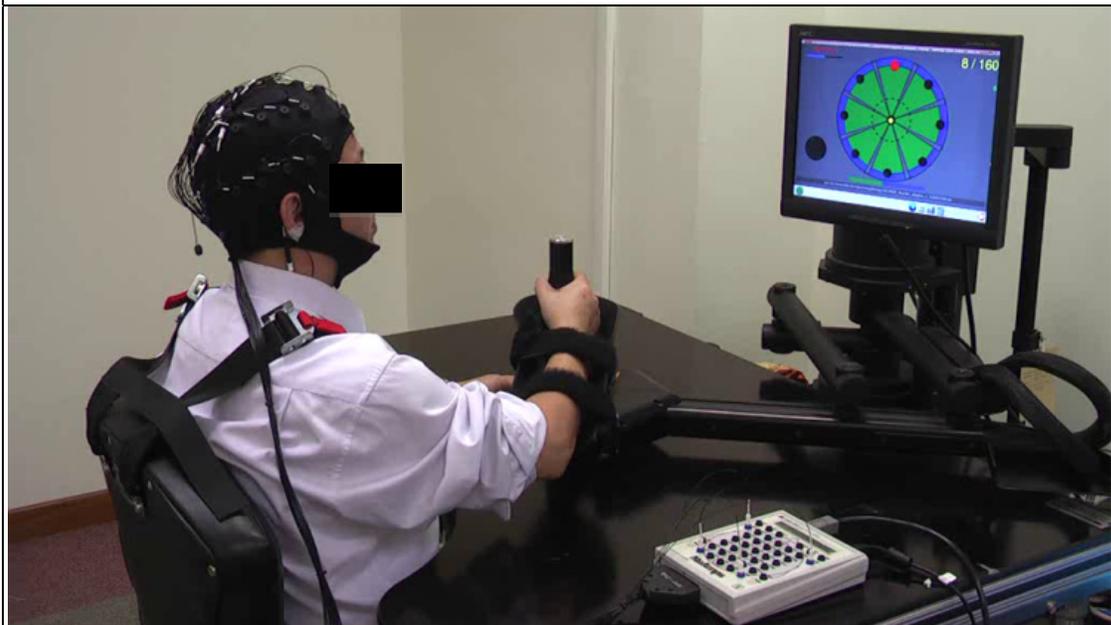


Figure 3:

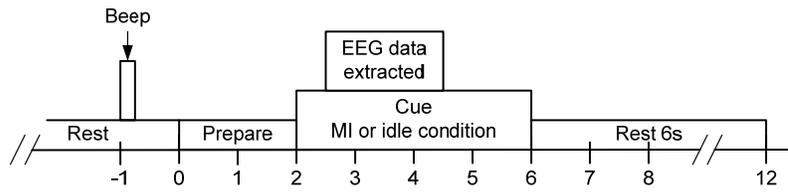


(a)

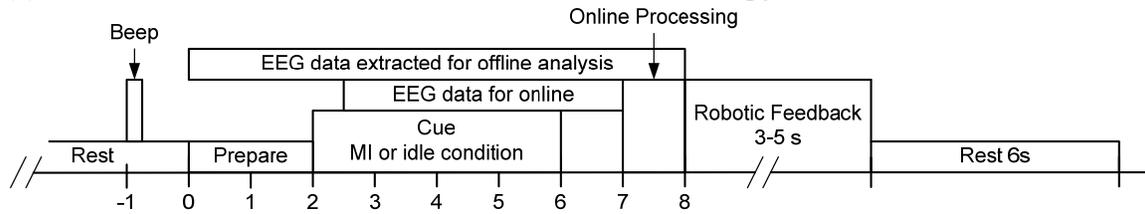


(b)

Figure 4:



(a) Calibration session before commencement of the therapy



(b) Evaluation and therapy parts of MI-BCI with robotic feedback rehabilitation session

Figure 5:

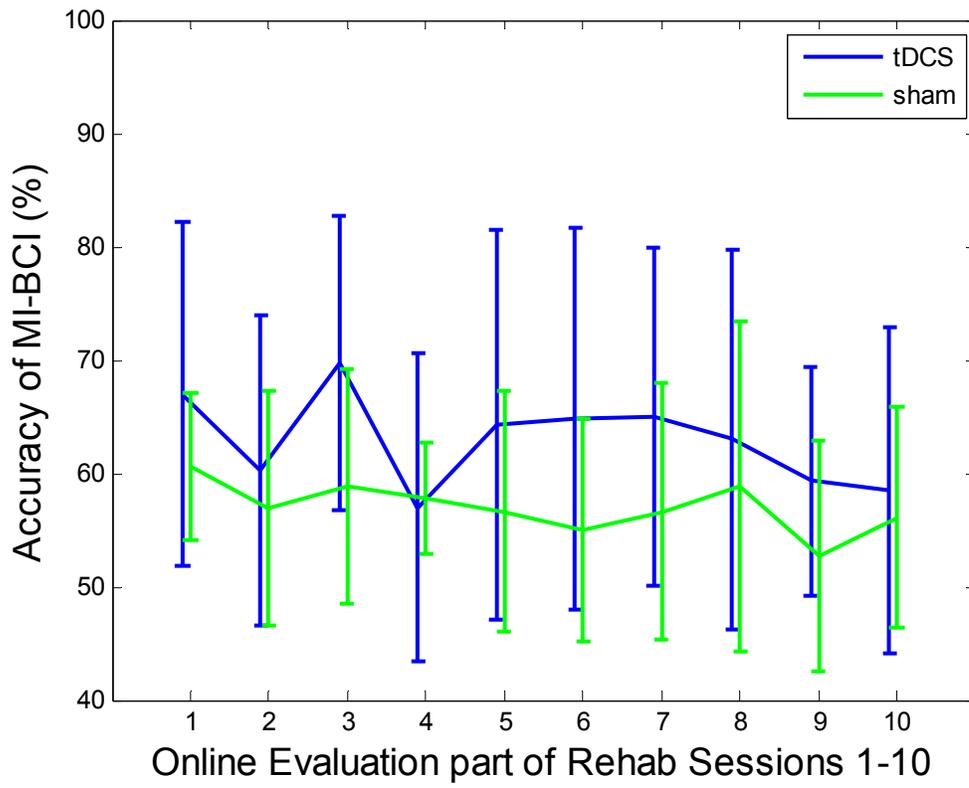


Figure 6:

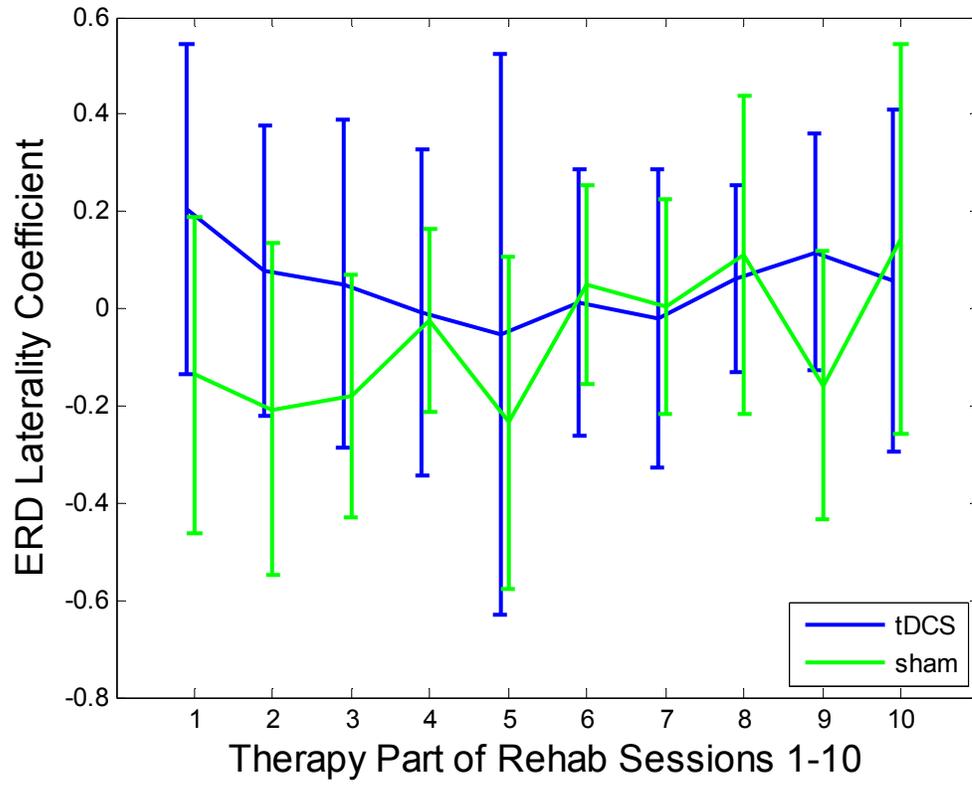


Table 1:

Variable	Total	Intervention	
		tDCS	sham
N	19	10	9
Age (years)	54.1±10.6	52.1±11.7	56.3±9.5
Gender N(%)			
Male	14 (73.7%)	6 (60.0%)	8 (88.7%)
Female	5 (26.3%)	4 (40.0%)	1 (11.1%)
Stroke type N(%)			
Infarction	13 (68.4%)	6 (60.0%)	7 (77.8%)
Haemorrhage	6 (31.6%)	4 (40.0%)	2 (22.2%)
Stroke nature N(%)			
Cortical	1 (5.3%)	1 (10%)	0 (0%)
Subcortical	18 (94.7%)	9 (90%)	9 (100%)
Affected limb N(%)			
Right	11 (57.9%)	5 (50.0%)	6 (66.7%)
Left	8 (42.1%)	5 (50.0%)	3 (33.3%)
CVA to intervention (days)	1037±598	1052±722	1021±465
BCI screening	75.6±10.4	79.1±9.4	71.7±10.7
FMMA at week 0	34.0±7.9	35.3±7.8	32.6±8.1

CVA indicates Cerebrovascular accident; FMMA, Fugl-Meyer Motor Assessment

Table 2:

Outcome	Group	Baseline	Improvements relative to week 0	
		Week 0	Week 2	Week 4
Upper Extremity (0~66)	tDCS	35.3±7.8	0.9±3.0	5.0±4.4
	Sham	32.6±8.1	2.8±4.0	5.4±5.7